

Coaching Academy

Master the coaching basics at if-dev's 1 day practical coaching session



80% of organisations are now using coaching ...*

It is the fastest growing approach to personal development..... and it's simple !

All managers need the ability to coach as part of their armoury of leadership styles.

This one day session cuts through the hype and the jargon. You will learn coaching techniques that you can apply immediately.

...and it will be fun!

if-dev coaching....start something !

* Source: Chartered Institute of Personnel & Development survey in 2004

What will you achieve?

- You will understand T-GROW and “Instant Pay Off” Coaching
- You will know **when** to use coaching and **when not** to.
- You will be clear about what a great coach **must** and **must not** do
- You will develop your questioning, listening and feedback skills
- You will have **fun**
- You will be able to start coaching in the workplace as soon as you get back.

You should attend...

- if* - you are in a management position or have responsibility for others.
- if* - you believe that coaching is a 'soft' option or that it takes too long to coach.
- if* - you have attended another coaching course but you need something more practical that really works.

What will you do?

We will cover recognised coaching models. We recognise that this might be a recap for some people. So this day is about learning by doing.

You will be coached and then coach others through a series of fun activities. You will give and receive feedback from our experienced coaches and other delegates

Discussion sessions will highlight the key learning points.

The facts and figures

When?	To Be Confirmed 2006
Where?	Hilston Park, Nr Monmouth
How Much?	£350 + VAT per delegate

Money-back guarantee

If you are not happy at the end of this course, we will give you your money back!

To Contact Us: email us at coach@ideafreaks.co.uk or call us on 01873 890511

For more information on this and other ways in which we can help you please check out our website: www.ideafreaks.co.uk